| Cameras | | Х | Lip protection | Х | Boots | | Medicine |
|--|--------------------|----------|--------------------------------|----|--------------------|-----------|------------------|
| | | X | Hand Protection | | | | |
| Canon S30 | | | 45+ sunscreen | X | Waterproof Pants | Х | Brush |
| | 2 rechargers | | Seasick - wrist band | | | | |
| - | all batteries | X | | X | Parka | Х | toothbrush/paste |
| | all cards | X | Woolite | | | | |
| | metal card holders | | Ziplock - LARGE/LARGER | X | Ear cover | Х | aspirin |
| | | | | | | | |
| | | | | X | Flashlight | Х | cold meds |
| Canon EOS A2 | | | Power Converters | | | | |
| | batteries | | extension cord | Х | Silk - shirt/und | Х | eye drops |
| | battery pack | | | | | | |
| | 20-105 lens | | CD Player | Х | Thermal/long under | ? | boroleum |
| | 300 mm lens | | CD~s | | J | | |
| | filters | | BATTERIES | Х | Flannel | | |
| | UV | | | | | | |
| | Polarizing | | medicine | X | Hats | | |
| | BAG | | | - | | \square | |
| | | | sunglasses | X | Gloves | + | |
| Sony DCR740 | | \vdash | | `` | | \square | |
| | bag | | | X | Wool Socks | \square | |
| | mem sticks (2) | X | needle | | | | |
| | battery | | thread | X | Polar Fleece | | |
| | charger | | safety pins | | | | |
| | tapes | | rubbber bands | G | Pajamas ?? | | |
| | tapes | | post its | 0 | i ajamas : : | | |
| Mindstor | | | | x | backpack | | |
| Minastor | device | | | | δάσκράσκ | | |
| | charger | X | plastic hangers | x | Scarf | | |
| | onarger | | | | Coarr | | |
| | | X | silk spray | | | | |
| Konica Z-up | | | Sincepray | | | | |
| | | | wash n dry | | | | |
| Waterproof | | | washindiy | | | | |
| Waterproof | disposable/regular | | Soft Tissues | | | | |
| | uisposable/regular | | lens cleaner | | | | |
| Disposables | | | | | | | |
| Disposables | | | | | | | |
| Panoramic | | | | | | | |
| | | | passport | | Writing Materials | | |
| Film | | | | | Pens | | |
| | 100 speed | - | ticket | - | Paper | + | |
| | 200 speed | - | liongt | - | i apei | + | |
| | B&W | + | travel books | x | Tools | + | |
| | Slide | - | | X | screwdriver | + | |
| | | - | | ^ | masking tape | + | |
| tripod | not needed | - | MAILING LABELS | - | duct tape | + | |
| | | - | for postcards | - | auti iape | + | |
| lens cleaner | | - | | - | | + | |
| ICIIS CICALICI | | - | labels/stickers for film rolls | - | | + | |
| | | - | | - | | | |
| Checklist for Ante | arctica Trip | - | | - | | + | |
| Checklist for Antarctica Trip © 2002, 2004 George R Lewycky | | - | | - | | + | |
| http://georgenet.net/antarctica | | | | - | | | |
| nup.//georgenet.f | | | | | | | |