

Year Born
Gender
City & Country Born
City & Country Residing
<u>FAMILY ETHNICITY/HISTORY</u>
Family Ethnicity Mother
Family Ethnicity Father
Liver diseases in your family ?
Others in family tested for HH
GENETICS
Genetic testing
by which company
which HFE genes ?
C282Y homozygous
C282Y heterozygous
Compound heterozygous (C282Y/H63D)
H636D heterozygous
H636D homozygous
HAMP (Hcpidin - child severe)
HJV (jeuvenile non-HFE)
S65C variant
SLC40A1 (Ferroportin)
TFF2 (transferrin receptor - young adult)
Secondary Iron Overload (infusion, transfusion)
Phlebotomies how many and most recent
Blood transfusions ?

	what age did you start symptoms
	what age was your hemochromatosis confirmed
	related surgeries/transplants
	organ damage
	RELATED TESTS / Treatments
	Aixplorer
	bone density
	CAT
	Iron Chelation (Exjade,etc)
	Ferritometer (SQUID)
	Fibroscan
	liver biopsies
	MRI
	MRI w Ferriscan
	ultrasounds
	Stem Cells
	Other Liver Diseases
	Alcoholic liver damage
	Cirrhosis
	Drug Induced Liver Disease/Injury (DILD/DILI)
	Fibrosis
	HCC (hepatocellular carcinoma)
	Liver Cancer
	Metabolic Syndrome
	Wilson's disease (hepatolenticular degeneration)
	NAFLD (non alcoholic fatty liver disease)
	NASH (fat plus inflammation and scarring)
	Steatosis

alpha-1-antitrypsin deficiency
Related medical issues due to HH
Deficiencies
B12
B6
Chloride
Sodium
Vitamin D
Other Genetic issues (anemia, etc)
Other Symptoms/Ailments
Anemic
arthralgia
Brain Fog
diabetes 2
hepatomegaly
joint/belly pain
Skin issues / pigmentation / jaundice / skin darkening
Thalassemia
thyroid

gallbladder
spleen
Other Red Blood Cell Disorders
what doctors do you see (past & present) for HH
Endocrinologist
Gastroenterologist
Genetics Counseling
hematologist/oncologist
hepatologist
Nutritionist/Dietician
Pathology
2nd Opinions
OTHER
OTHER
Are you instructed for these Related Vaccines
Hep A
Hep B
Others
What supplements do you use
milk thistle
81mg baby aspirin
Black tea
circumin
fish oil

folic acid (Vitamin B9)
turmeric
vitamin b12
Vitamin C
vitamin d3
other
Ever in a clinical trial for your HH/Liver
what medications/outcome?
Do you suspect HH/Iron is connected with for yourself/family
Alzheimers
Breast Cancer
hypogonadism
M.S.
Other Anemia
Parkinsons
Pernicious Anemia
MEGALOBLASTIC ANEMIA
Neurodegeneration
Open Questions to ask the members as a FAQ (keep them concise) ?
Questions 1
Questions 2
Questions 3
Questions 4

	Full Name, City/Country, Specialty
	Doctor recommendation 1
	Doctor recommendation 2
	Doctor recommendation 3
	Doctor recommendation 4
	Doctor recommendation 5
	Doctor recommendation 6
	optional: Name
	optional: email