

ANTIEPILEPTICS (Antiseizure)

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Generic/ TRADE / form	SIDE EFFECTS	MONITOR Annually/if indicated	USES ✓ COMMENTS/ DRUG LEVEL	DRUG INTERACTIONS	INITIAL & MAX DOSE	USUAL SEIZURE DOSE RANGE	\$ /100day
Carbamazepine TEGRETOL/generic CBZ (100 ⁵ ,200 ⁵ mg chew tab; 200 ⁵ mg tab) (200 ⁵ ,400 ⁵ mg CR tab ; (20mg/ml susp)	Common: gastric distress (N/V), drowsy, dizzy, unsteady, pruritic rash<10%, ↓WBC (dose related) CR tab has fewer side effects. Rare: aplastic anemia, ↑ liver enzymes (GGT/ALK some ↑ normally), cardiac abnormalities; ↓ serum sodium (mild & asymptomatic often, but <125 important); SLE, exfoliative dermatitis, alopecia, ocular effects, ↓ WBC (persistent ^{~20%}), ↓ T3/T4, osteomalacia & neural tube defects (<1%). WEIGHT GAIN = minimal	CBC,Platelets, TSH,LFT, Lytes, Level ? ECG for pts >45yrs Pregnancy	✓Generalized tonic-clonic Sz, Partial (1-18yr)-not myoclonic Sz, may worsen absence Sz. ✓ BPAD -acute mania, rapid cycle, mixed & prophylaxis ✓ trigeminal neuralgia Option: for aggressive patients & neurologic dx & cognitive impaired CI in hepatic dx; safe in renal dx Level 17-54 umol/l -trough	↑ Carbamazepine level by: cimetidine, danazol, diazepam, erythromycin, felodipine, fluoxetine, grapefruit juice, isoniazid, ketoconazole, lamotrigine, metronidazole, nefazodone, phenobarbital, propoxyphene, verapamil & valproate ↓ Carbamazepine level by: phenytoin, phenobarb, St.John wort, theophylline Carbamazepine ↓'s levels of: BCP's ~40%, lamotrigine, phenytoin, theophylline, topiramate, valproate & warfarin INDUCES P450 3A4 System	100mg bid ↑ 200mg/d q5-7day (to ↓ rash rate) ~2800mg/day (autoinduction of P450 system complete in 4 weeks)	200mg po tid 400mg po tid 600mg po bid (some clinicians give regular release bid in select situations) 400mg CR bid (600-1600mg/d) Peds:10-20→35mg/kg/d Mainly an enzyme inducer	35 64 64 97
Clobazam FRISIUM/generic (10 ⁵ mg tab)	B e n z o Common: Drowsiness (tolerance develops), dizziness, ↓ concentration, anterograde amnesia, ↑ traffic accidents. Rare: skin rash, paradoxical anger, thrombocytopenia & depression.	? Platelets	Alt: generalized tonic-clonic, myoclonic & atonic, partial & absence Sz Broad spectrum→tolerance develops	Few drug interactions ↓ clobazam level by: carbamazepine clobazam ↑ level of: phenytoin	5-10mg od 80mg/day	10mg po bid 30mg po hs (20-30mg/d) Peds:0.5-1.5mg/kg/d	50 72
Clonazepam RIVOTRIL/generic (0.5 ⁵ ,1,2 ⁵ mg tab; 0.25 ⁵ mg tab)	Other Benzo's used for status epilepticus etc... Diazepam VALIUM 2 ⁵ ,5 ⁵ ,10 ⁵ mg tab; 10mg/2ml amp; 5mg/ml rectal gel DIASTAT ; 10mg/2ml emulsion DAZEMULS . Lorazepam ATIVAN 0.5,1,2 ⁵ mg po/s/x tab; 4mg/ml amp	? Platelets	✓ Myoclonic Sz; Alt→tonic & atonic, absence & infantile spasms ; Panic attack Option: sedative, social phobia, akathisia, acute mania, restless leg syndrome & neuralgic pain	Few drug interactions. Tolerance in 1/3 pts in 6 months. ? ↑ Generalized tonic clonic Sz. Level clonazepam 40-230nmol/l -useful for compliance, not efficacy	0.5mg po tid ↑ 0.5-1mg/d q3d 20mg/day	0.5mg po tid 1mg po tid 2mg po tid (4-8mg/d) Peds:0.01-0.3mg/kg/d	36 74 54
Divalproex (DVA) EPIVAL/generic (125,250,500mg EC tab); 1000mg/10 ml vial -prodrug of VPA: see valproic acid below	Common: nausea, diarrhea, dizzy, sedation, somnolence, essential tremor ≤20%, ataxia, fatigue, confusion, headache, abdominal cramps, hair loss ^{often temp.} , hyperammonemia, menstrual disturbances & ↑ osteoporosis. Rare: ↓ platelets (↓ dose helps) & WBC, hepatotoxic, pancreatitis , ↑ blood insulin, neural tube defects→spina bifida 1-2%. Caution: polycystic ovaries WEIGHT GAIN= ++ (up to 59%, more common in ♀; mean ↑ of 8-14kg)	CBC,Platelets, LFT Valproic level Correct levels up for low albumin 	✓ Generalized tonic-clonic, Absence, Partial, Myoclonic & Atonic ; Juvenile myoclonic & LGS ✓ BPAD acute mania, rapid cycle, mixed, prophylaxis & depression ✓ migraine prophylaxis; Option: for aggression; Acute Mania -Oral LD 20mg/kg CI in hepatic dx	↑ Valproic acid level by: aspirin, cimetidine, erythromycin, felbamate, fluoxetine, isoniazid & salicylates ↓ Valproic acid level by: carbamazepine, cholestyramine, lamotrigine, phenobarbital, phenytoin, primidone, rifampin & topiramate Valproic acid ↑'s levels of: amitriptyline, carbamazepine epoxide (ie ↑ SE), clonazepam, diazepam, ethosuximide, lamotrigine , lorazepam, phenobarbital & warfarin Does not ↓ effect of BCP's	250-500mg bid ↑ 250mg/d q1 week 3-5g/day	250mg po tid cc 500mg po bid cc 500mg po tid cc (1-3g/day) cc= with food Peds:10-15→60mg/kg/d Mainly an enzyme inhibitor	75 97 142
Ethosuximide ZARONTIN (250mg cap;50mg/ml syrup)	Common: nausea, diarrhea, anorexia, drowsiness, hiccups & headache . Rare: skin rash (Stevens-Johnson), blood dyscrasias, lupus & behavioral changes esp. in kids.	CBC,Platelets, Level	✓ Only for uncomplicated Absence Sz . Does not protect for generalized tonic clonic Sz. Level 280-710umol/l -trough	↓ ethosuximide levels by: carbamazepine ↑ ethosuximide levels by: ritonavir & valproic acid	250mg od/bid ↑ 250mg/d q1week 2000mg/day	250mg po bid 500mg po bid (750-1500mg/d) Peds: 10-15→20-40mg/kg/d	80 154
Gabapentin NEURONTIN/generic (100,300,400mg cap) (600,800mg tab ,↑ cost) Pregabalin LYRICA 75-300mg bid ^{SS330-490} -for use in diabetic neuropathy & post herpetic neuralgia (New 2005)	Common: somnolence, dizzy, ataxia, headache, nystagmus, nausea, vomiting, blurred vision, tremor, slurred speech, edema, rash ~1%, behavioral changes in kids & ↓ WBC ≤1%. WEIGHT GAIN= + (appears dose related)	Scr	Alt: Partial & 2^o generalized Sz . not for generalized Sz such as juvenile myoclonic. Option: Neuropathic pain & Anxiolytic in severe Panic dx & social phobia , restless leg & migraine Well tolerated in the elderly ³⁹ ADV: ↓ rash & safe in liver failure DIS: Myoclonus may be ↑ 3-25umol/l for compliance, not efficacy	Antacids ↓ by 20% absorption (space by 2hr) NO other signif. interactions With doses >600mg less is absorbed since mechanism is saturated Does not ↓ effect of BCP's	100-300mg tid (↑ 300mg q1day) 3.6-4.8g/d	400mg po tid 600mg po tid 800mg po tid ↓ dose in renal dysfx (900-3600mg/d) Peds: 10-15→25-40mg/kg/d	207 321 387
Lamotrigine LAMICTAL/generic (25 ⁵ ,100 ⁵ ,150 ⁵ mg tab; 5 ⁵ mg chewable tab) (2mg chewable tab)	Common: dizzy, nausea, vomiting, ataxia, asthenia, headache, somnolence, fatigue, ↑ alertness, diplopia, abd pain, rash (1 st month→gen. red morbilliform) & ↓ hair. Rare: Stevens-Johnson syndrome [#] & toxic epidermal necrolysis, ? hepatotoxic, tics in kids & leukopenia. WEIGHT GAIN=neutral effect Broad spectrum of Sz activity	CBC,LFT, Scr to ↓ dose if necessary	✓ Mono→ Partial & LGS . Alt: Generalized tonic-clonic, Absence,Partial,Myoclonic & Atonic Option: BPAD I acute depression & Bipolar II rapid cycling ^{FDA Jun03} Option in new onset geriatric Sz ³⁹ Rash 5-10% → life threatening 0.3% ^{#33} (if drug related → D/C at first sign of rash) ADV: hormonal dysfx & more alert 4-39 umol/l for compliance, not efficacy	↑ Lamotrigine level by: sertraline & valproate ↓ Lamotrigine level by: BCP's, carbamazepine, oxcarbazepine, phenytoin, phenobarb, primidone, rifampin, topiramate NO EFFECT ON P450 enzyme system With carbamazepine: ↑ dizziness. Rarely ↓ effect of BCP's ⁵⁹ & folic acid	25-50mg bid ↑ by 50mg/day every 1-2weeks (to ↓ rash rate) 5-800mg/day	100mg po bid 150mg po bid (100-500mg/d) Peds: 1-15mg/kg/d If with valproate: 25mg hs ^{112.5mg/wk} → 100mg po hs (50-200mg/d) Peds: 1-5mg/kg/d	208 299 32 107

Levetiracetam KEPPRA 250, 500, 750 mg tab	Common: drowsy, dizzy, asthenia, fatigue, depression, psychosis & rarely ↓ WBC/Hg.	CBC,Scr	Adj:Partial Sz→adults & kids ≥4yr ADV: ↓ rash. Dose ↓ if renal dysfx.	Few drug interactions Does not ↓ effect of BCP's	500mg bid ↑ 1g/d q2week	500mg po bid 1000mg po bid (1-3g/d) Ped:10-60mg/kg	420 800
Methsuximide CELONTIN (300mg cap)	Common: nausea, diarrhea, drowsiness, hiccups & headache . Rare: skin rash, blood dyscrasias, lupus & behavioral changes especially in kids.	CBC,Platelets, Level	/Only for Absence Sz . Does not protect for generalized tonic clonic Sz. Level 53-212 umol/l -trough	methsuximide ↑'s levels of: phenobarital, phenytoin & primidone methsuximide ↓'s levels of: lamotrigine ↓ methsuximide levels by: carbamazepine, phenobarital & phenytoin	300mg od ↑ 300mg/d q1week 1200mg/day	300mg po tid 300mg po qid (300-1200mg/d) Peds: 10-30mg/kg/d	146 192
Oxcarbazepine TRILEPTAL 150 ^o ,300 ^o ,600 ^o mg tab; 60mg/ml susp	Common: GI upset, sedation , diplopia, ↓ sodium ~3% & rash . Rare: skin→SJS & TEN [Convert CBZ to this drug by 1.5xCBZ dose]	As per CBZ	/Mono→ Partial Sz in adults & ≥6yr ? Generalized Sz ADV: ? ↓ CNS SE & rash vs CBZ	Similar DI's as per CBZ but less: (BCP's levels ↓;phenytoin levels ↑) Cross sensitivity with CBZ of 25%	150mg bid ↑ 300-600mg/d q1week	600mg po bid 900mg po bid (600-2400mg/d) Peds:8→10-50 mg/kg/d	698 1033
Nitrazepam MOGADON/generic (5,10mg tab)	Common: Drowsiness (tolerance develops), dizziness, anterograde amnesia, ↑ traffic accidents, dependence & paradoxical anger. Rare: skin rash & thrombocytopenia.	? Platelets	✓myoclonic & infantile spasms & sedative/ hypnotic	Few drug interactions. Tolerance in 1/3 pts in 6 months. ? ↑ Generalized tonic clonic Sz.	5mg po hs 60mg	2.5mg po tid 5mg po tid Peds:0.25-1.2mg/kg/d	23 38
Phenobarbital generic (15,30 ^o ,60,100mg tab; 5mg/ml soln; 30 ^o , 120mg/ml ^o amp) Special access: 60mg/ml inj	Common: sedation , rash 5-10%, ataxia, dizzy, ↓ concentration & cognition, sleep problems, nystagmus, hyperactive, ↓ Vit D, & behavioral changes esp. in kids . Rare: blood dyscrasias & liver toxicity.	CBC,LFT Level	✓Partial seizures (1-12months) neonatal Sz Drug of choice , ↑breastmilk levels Generalized tonic-clonic (1mo-6yr) Pregnancy registry: malformations 6.5vs2.9% in control gp LD 20mg/kg IV @ 50-75mg/min Level 65-150 umol/l -trough	↑ phenobarbital level by: cimetidine, felbamate & valproate phenobarbital ↓'s levels of: acetaminophen, BCP's, carbamazepine, cyclosporin, estrogen, lamotrigine, theophylline, valproamide & warfarin	60-90mg hs ↑ 30mg/d q1month 240mg/day	60mg po hs 90mg po hs (90-180mg/d) Peds: 2-8mg/kg/d	19 25
Phenytoin DILANTIN (30,100mg cap;50 ^o mg chew tab; 6 & 25mg/ml susp; 100mg/2ml vial) (92% phenytoin→ cap & inj; 100% phenytoin→tab & susp)	Common: nausea, diarrhea, dizzy, ataxia, ↓ coordination, ↓ concentration, sedation, somnolence, tremor, rash 5-10% (rarely serious), ↑ LFT, blood dyscrasias, gingival hyperplasia ~50%, nystagmus, ↑ body hair , acne, ↓ folic acid, ↓ vitamin D levels & osteomalacia. Fosphenytoin CEREBYX IV friendly 150mg Fosphenytoin=100mg Phen妥英	CBC, LFT, Level Folate level	✓Generalized tonic-clonic & Partial (Not for absence Sz) LD 15-20mg/kg IV @ 50mg/min Saturable kinetics ↑dose→ ↑level IV→Purple glove syndrome occurs Correct levels up for low albumin (Alb=20g/l→100%;30g/l→40%;>36g/l→none) Level 40-80 umol/l -trough	↑ phenytoin level by: amiodarone, cimetidine, ciprofloxacin, clozapam, disulfiram , fluconazole, isoniazid , methsuximide, oxcarbazepine, propoxyphene, SSRIs & topiramate ↓ phenytoin level by: antacids, carbamazepine, folic acid, nasogastric feeds , valproate & vigabatrin phenytoin ↓'s levels of: amiodarone, BCP's, CBZ, dexamethasone, folic acid, itraconazole , lamotrigine, methadone , mexiletine, quinidine, theophylline, topiramate, vitamin D & warfarin	300mg hs ↑ 50-100mg/d q1month 400-600mg/d	300mg po hs 200mg po bid (300-400mg/d) Peds: 4-8 mg/kg/d IM→ crystallization Caps→like SR product	33 41
Primidone MY SOLINE/generic (125 ^o ,250 ^o mg tab; 125mg chew tab)	Common: sedation, rash~5%, depression, nausea, dizzy, ↓ Vit D levels & ↓ libido. -metabolized to phenobarbital & PEMA	CBC,LFT Level	✓ Partial & Generalized tonic clonic (less effective vs partial Sz than phenobarbital) ✓ Essential tremor CI: porphyria, ↑breastmilk levels Level 28-55umol/l -trough	↑ primidone level by: isoniazid & valproate ↓ primidone level by: acetazolamide, carbamazepine, phenobarbital (but ↑ phenob. conversion) & phenytoin primidone ↓'s levels of: BCP's, chlorpromazine, furosemide, lamotrigine, quinidine, steroids & TCA	125mg hs ↑ 125mg/d q3d 2000mg/day	125mg po tid 250mg po tid (500-1250mg/d) Peds: 50mg start, 10-25mg/kg/d	25 34
Topiramate TOPAMAX/generic (25,100,200mg tab; 15, 25mg sprinkle cap)	Common: nausea, dizzy, tremor, ataxia, somnolence, cognitive dysfunction , headache, paresthesias -fingers & toes, behavioral changes, fatigue, diarrhea, ↓ word finding, nephrolithiasis & glaucoma . WEIGHT GAIN= neutral/ loss possible (seems dose & duration dependent & > in ♀) Renal stones 1.5% thus ↑ fluid intake.	CNS SE ↑ with agents such as DVA. Adjust dose for Scr Hypopspadias in male infants	✓ Mono→Partial & 1^0 GTC ≥6yrs Alt: 1^0 Generalized tonic-clonic & Partial ≥2yrs, Atonic & Lennox-Gastaut (LGS) →Age 2-16 ? ✓ myoclonic & absence Sz ✓ Migraine prophylaxis Weight loss ~4kg ? dose related Broad spectrum of Sz activity	↓ topiramate level by: carbamazepine & phenytoin (~40%), valproate (~15%) ↑ renal stones with topiramate & : Acetazolamide, dorzolamide & methozolamide topiramate ↓'s level of: BCP's ~30% esp >200mg/d, lamotrigine & dva. + dva→ ↓ platelet & ↑ encephalopathy	25mg bid ↑ 25-50mg/d q1week 400-1000mg/d	100mg po bid 200mg po bid (200-600mg/d) Peds: 0.5 mg/kg/d start → 5-9 mg/kg/d	329/492 506/763 generic/Trade
Valproic acid -VPA DEPAKENE/generic (250mg cap; 500mg EC cap; 250mg/5ml syrup)	As per divalproex above Depakene generally has more GI side effects than Epival.	CBC,Platelets, LFT Level	divalproex & valproic acid are therapeutically, but not technically interchangeable meds since they are distinct generic products Pregnancy registry: heart defect & spina bifida 10.7vs2.9% in control gp. ↑ malformations with valproate Arama 05, esp >1g/d ⁶¹	As per divalproex above	500mg po bid 500mg po tid (1-3g/d)	500mg po bid 500mg po tid (1-3g/d)	131 193
Vigabatrin SABRIL (500 ^o mg tab,500mg sachet)	Common: drowsy, dizzy, weight gain, fatigue, tremor, psychosis & depression ≤2%, ↑ behavioral changes in kids, tremor & peripheral vision changes .	Adjust dose for Scr Visual field	Alt: Complex partial & infantile spasms May worsen absence & myoclonus. ADV: No skin, blood or liver SE.	vigabatrin ↓'s levels of: phenytoin ~30% Does not ↓ effect of BCP's	500mg bid ↑ 1g/d q1week 4000mg/d	1000mg po bid 1500mg po bid (2-3g/d) Peds: 30-100 mg/kg/d	422 620
Tiagabine GABITRIL 4,12,16,20mg tab	Common: ↓ coordination, drowsy, dizzy, headache, fatigue, asthenia, tremor, stupor & depression.		Adj: Partial Sz (≥12yr) May ↑generalized & absence Sz ADV: low incidence of rash	↓ tiagabine levels by: carbamazepine, phenobarbital & phenytoin Does not ↓ effect of BCP's	2mg bid ↑ 4-8mg/d q1week	16mg po bid cc 16mg po tid cc (32-56mg/d) Peds: 0.25-1 mg/kg/d	
Zonisamide ZONEGRAN 100mg cap (Special Access)	Common: drowsy, ataxia, dizzy, anorexia, fatigue, rash <2%→ sulfa med , hyperthermia, renal stones ~4%, ↓ WBC & ↑ LFT.	CBC, LFT,Scr -harm animal	Adj: Partial Sz (≥16yr) ?✓ Generalized,infantile spasms & myoclonic Sz.Dose ↓ if renal dysfx	↓ zonisamide levels by: carbamazepine, phenobarbital & phenytoin ↑ renal stones with topiramate	100mg od/bid ↑ 100mg/d q2week	200mg po bid (100-600mg/d) 300mg po bid (od/bid) Peds: 1-2→6-8mg/kg/d	

Carbamazepine ↓ level of: alprazolam, bupropion, clonazepam,cyclosporine,dexamethasone,diazepam,doxycycline, ethosuximide,fentanyl,haloperidol,levothiroxine,phenobarbital,phenothiazines,pregnancy tests,steroids,thioprophene,triazolam, tricyclic drugs & warfarin. Consider using ACTH

PREGNANCY category: C=possible risk to fetus (evident in animals) D=fatal risk in humans U=unknown. Risk if on multiple agents & doses; try for monotherapy, split doses & ↓ serum levels check levels each trimester. Try to avoid in 1st trimester. Vit K in last month.

GENERAL: If stopping Sz meds taper 2-3months, to ↓risk of Sz relapse. Consider stopping Sz meds if: Kids Sz free for 2 yr OR Adults Sz free for 3-5yr. New onset Sz delaying tx not ↑risk of chronic Sz. Consider surgical options for refractory Sz. covered NIH

Rash: ↑ dose, ↑ too quickly, if with valproic or in kids → ↑ rash rate. **Absence Sz** ethosuximide, valproate, clonazepam, lamotrigine, topiramate, clobazam. **Myoclonus** valproate, clonazepam, lamotrigine, clobazam & topiramate. **Generalized tonic-clonic:** valproate, carbamazepine, phenytoin, lamotrigine, clobazam & topiramate. **Partial Sz** CBZ, phenytoin, lamotrigine, oxcarbazepine, valproate, levetiracetam, clobazam, gabapentin, topiramate, phenobarbital, primidone & vigabatrin. **Young females:** use BCP 50mg dose /alternate contraception; give **folic acid** ~5mg/day.

Useful for/ ADJ=adjunctive ADV=advantage Alt=alternate BCP=birth control pill CI=contra indication CNS=central nervous system CR=control release DIS=disadvantage Dx=disease EC=enteric coated fx=function LD=loading dose LGS=Lemnox-Gastaut LFT=liver function test N/A=not applicable Peds=pediatric dose SE=side effect DRUG induced Sz: amoxapine, amphetamines, antipsychotics, benzodiazepine withdrawal, bupropion, cocaine, imipenem, lithium, mepерidine, quinolones & theophylline. SR=sustained release Sz=seizure exception drug status X = Non formulary Sask. not covered NIH ↓ dose for renal dysfx. scored tab

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CONCLUSION: Excess risk was confined to patients using **valproate** during pregnancy. The risk for malformations was not elevated in offspring of mothers using carbamazepine, oxcarbazepine, or phenytoin (as monotherapy or polytherapy without valproate).
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